

## Patient information leaflet: **Banding or Injection of Haemorrhoids**

What are the benefits of Banding or Injection of haemorrhoids?

Both of these treatments will cause haemorrhoids to decrease in size and symptoms to disappear. You should no longer have any of the symptoms that haemorrhoids can cause.

Are there any alternatives to banding the haemorrhoids?

What does the Banding or Injection Procedure involve?

You will not need an anaesthetic as there are no nerves that sense pain at the top of your anal canal.

Your surgeon will examine carefully your back passage and lower bowel using a small telescope and will pass a device through the telescope and use it to place a silicone band onto the lining of your anal canal.

The band should block the blood supply to the haemorrhoid, causing it to shrink back up your anal canal.

What complications can happen?

- General complications
- pain
- infection

Banding complications

- for men, discomfort and blood in the urine when passing urine
- bleeding after the procedure
- feeling faint or light-headed

How soon will I recover?

After the procedure you should be able to go home and return to work the next day unless you are told otherwise.

Haemorrhoids can come back. You can reduce this risk by not straining while opening your bowels, drinking plenty of fluid and increasing the amount of fibre in your diet to avoid constipation.

Regular exercise should improve your long-term health. Before you start exercising, ask the healthcare team or your GP for advice.

Banding or Injection of Haemorrhoids are generally a safe and effective way of treating haemorrhoids when simple measures have failed.

### **Who are we?**

The Manchester General Surgeon provides a comprehensive, expert diagnostic and treatment service for a wide aspect of surgical procedures. From minor surgery to fibre-optic endoscopy, bowel cancer surgery, advanced keyhole 'laparoscopic' surgery and ground-breaking treatment for haemorrhoids and colorectal disorders, our team are highly experienced and leaders in their field.

### **Find Out More**

Based at BMI The Alexandra Hospital, The Manchester General Surgeon provides a comprehensive diagnostic and treatment service for haemorrhoids and other colorectal disorders. To find out more about your treatment options or to make a self-referral, please telephone us on **0161 495 7046** or email **[gabriella.rocco@bmichoice.co.uk](mailto:gabriella.rocco@bmichoice.co.uk)** to speak to a member of our team.